

# Gastro-Digest II®

## PRODUCT SUMMARY

Good health starts with a nutritious diet, but it also depends on a healthy stomach and digestive system. If these are not functioning optimally, even the most nutrient-rich food will not digest well, and the nutrients will not be absorbed. The undigested food becomes toxic to the body. Malnourishment and toxins can cause a long list of symptoms including bad breath, heartburn, gas, bloating, belching, pain, constipation, and/or diarrhea, allergies, and even emotional anxiety.

GastroDigest is a two stage formula designed to support digestion. The first stage assists the stomach where acid is used to break down proteins. The second stage of the formula is enteric coated, which protects the ingredients from the stomach acid. They remain intact to be utilized by the gallbladder, liver, pancreas, and intestine where the major part of digestion and nutrient assimilation occurs.



**Gastro-Digest II® Contains 90 Capsules**

## KEEPING YOU HEALTHY WITH GASTRODIGEST II®

### • Digestive System

GastroDigest II provides hydrochloric acid to start the digestive process in the stomach. It also supports the gallbladder, liver, bile duct, and pancreas as they produce important digestive enzymes. GastroDigest II helps the digestive system absorb nutrients while also destroying and eliminating ingested toxins, bacteria and other microorganisms.

### • Pancreas

GastroDigest II nourishes the pancreas, which produces enzymes that aid digestion and sugar regulating hormones such as insulin and glucagon. These hormones empty directly into the bloodstream to maintain sugar and salt balance.

### • Liver, Gallbladder and Bile Duct

GastroDigest II aids digestion of fats by supporting these organs. The liver produces bile, a substance that breaks down fats, and the gallbladder stores bile to release when needed.

### • A Nourished Body and Mind

GastroDigest II supports the body in effectively digesting food so nutrients can be absorbed and metabolized. Toxins are eliminated so they do not accumulate and affect the body and emotions.



# Gastro-Digest II®

## EXPERIENCE THE DIFFERENCE:

VerVita nutrition supports the body functioning as a whole; it nourishes and balances the energy flowing through every structure, organ, gland, and cell. A healthy rhythm and function are created as the formulas are designed to synergistically stimulate/relax and push/pull.

## KEY INGREDIENTS OF GASTRO-DIGEST II®

**Betaine HCl:** Hydrochloric acid is manufactured in the stomach. It breaks down fats and proteins and destroys ingested bacteria and microorganisms. The body uses hydrochloric acid to absorb calcium, protein, Vitamin B12 and iron.

**Amino Acids:** Glutamic acid HCl metabolizes sugars and fats.

**Beet Root** is anti-inflammatory. It supports the liver and gallbladder, promoting healthy bile flow for fat digestion and detoxification.

**Enzymes:** Pepsin and Papain digest proteins and assist the Brunner's glands for those with celiac disorder. Pancreatin is made up of several digestive enzymes produced by the pancreas: amylase (digest carbohydrates), lipase (digest fats), protease (digest proteins), and trypsin. Pancrelipase also contains enzymes produced by the pancreas for digestion and nutrient absorption. Bromelain helps digest proteins and reduces inflammation.

**Ox bile extract** supports the liver and gallbladder and aids in the digestion of fats.

**Choline** detoxifies and helps digest fats, proteins, and carbohydrates. It assists digestion by supporting the liver and gallbladder.

## Supplement Facts

**Serving Size:** 1 capsule  
**Servings per bottle:** 90 capsules

	Amount Per Serving	Daily Value
<b>First Phase (Stomach):</b>		
Betaine HCl	150 mg	*
L-glutamic acid HCl	100 mg	*
Pepsin	100 mg	*
Papain	50 mg	*
Choline (bitartrate)	25 mg	*
<b>Beta vulgaris (beet) root (organic)</b>		
	10 mg	*
<b>Second Phase (Duodenum/Small Intestine):</b>		
Pancreatin 4x (porcine)**	100 mg	*
Ox bile extract**	65 mg	*
Pancrelipase (porcine)**	50 mg	*
Bromelain (2400 GDU/g)**	30 mg	*

\*Daily Value not established.

**Other Ingredients:** magnesium (as amino acid chelate), pharmaceutical glaze (enteric coating), gelatin (capsules)

\*\*Enteric coated

## VERVITA PRODUCTS ARE FREE FROM:

GMOs, Soy, Gluten, Corn, Egg and Dairy, Fish, Crustaceans/Shellfish, Tree Nuts, Peanuts, MSG, Sugar and Sweeteners, Artificial Colors, Dicalcium Phosphate, Magnesium Stearate, Croscarmellose, Excipients/Synthetic Fillers and Flow Agents.

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